



There are so many concerns, questions, and variables to consider when searching for suitable assistance for you or your loved one. Not all living situations are equal and it is important to identify a living situation which will help each resident thrive.

Here is a list of questions that may offer some help as you prepare to tour and examine the best living environment for you or your loved one. Please keep in mind that this may be the limit to your questions, and it is recommended that you apply your unique care needs to additional questions.

Questions to ask when seeking senior care assistance:

1. How many staff members do you have vs. the number of residents?
2. Does your staff complete any required training?
3. How is your staff specifically trained to meet our care needs?
4. Do you have 24 hours supervision and staffing?
5. Who will handle the administration of medications and how is it recorded?
6. Is there a Certified Nurse on staff?
7. Do you have an activities program for residents?
8. Who is preparing the food for residents? Can I see your weekly menu?
9. How do you meet the dietary needs of each resident?
10. Would you mind if we visit during mealtime and try the food?
11. What are the security measures that you have in place?
12. Do you have care experience a specific diagnosis you or your loved one may have?
13. Do you complete an assessment for each resident? How often is this assessment revisited?
14. What is the monthly cost? What is included in this monthly cost?
15. Do you have a waitlist?
16. Are family members welcome in the home?
17. How many families regularly visit the home? Can I speak with any of these families?
18. Can I see your activities calendar? Is this calendar created around resident interests?
19. Do you work with hospice and provide end-of-life care?

Please feel free to take these questions with you as you explore senior care options, and let us know if there is anything we can do to assist in this difficult decision.

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